

**Micah Community Center**  
**405-498-2009** Non-emergency  
**6600 N Meridian, Suite 151**  
**east side of meridian, north of nw 63rd**

### #1 YOUTH to-25

**Sisu Youth Services** – sisuyouth.org  
 405-459-7478 / 2129 NW 30th

**Pivot, Inc** – www.pivotok.org  
 405-235-7537 / 201 NE 50th

**Positive Tomorrows** –  
 405-556-5082 / positivetomorrows.org  
 School for homeless children/family support

### #2 DOMESTIC VIOLENCE

**Palomar** – Family Justice / DV  
 405-552-1010 / 1140 N Hudson Ave

**YWCA – Women only**  
 405-948-1770 / 2460 NW 39th  
 Domestic Violence Hotline 405-917-9922  
 Sexual Assault Hotline 405-943-7273

### #3 VETERANS

**Homeless Veterans Resource Center**  
 405-250-7344 / 1301 NE 14th  
 M-F 8am-4:30pm

**Homeless Veteran Crisis Line** 24/7  
 Dial 988 then press 1 / Text 838255

**See #9 Employment - TEEM**

### #4 NATIVE AMERICAN

**Oklahoma City Indian Clinic**  
 405-948-4900 / 4901 W. Reno  
 M-F 8am-5pm  
 Native Resource & Nutrition Center  
 Medical/Dental/Pharmacy

### #5 IDENTIFICATION

**Upward Transitions**  
 BC, State ID, SS card  
 405-232-5507 / 1134 W Main St

### #6 EVICTION, RENT, UTILITY ASSISTANCE

**Legal Aid Services of OK**  
 405-521-1302 / M-Th 8:30am-5pm  
 2915 N Classen Blvd, Ste 200  
 Free aid provided to low-income persons that meet financial guidelines, persons with AIDS, Seniors over 60, and victims of housing discrimination.

**Catholic Charities**  
 405-523-3000 / 1232 N Classen Blvd  
 Make appointment for financial assistance, Monday beginning at 8:00am  
 Provide proof of income AND photo ID. Provide past due rent notice and copy of current lease OR utility bill with past due or cut-off notice. If seeking assistance with a utility bill, services must still be on. Complete an intake with a case manager. Financial assistance is available to each household once a year with a maximum of three times per lifetime.

**Upward Transitions** –  
 232-5507 / 1134 W Main St  
 Online requests on Mon at 7am at www.upwardtransitions.org and by phone at 9am.  
 Must live in Oklahoma County, and have minor children under the age of 18, or senior 55+ living in the home. Must have a 5-day notice to quit, eviction notice, or cutoff notice in client's name for current address. And proof of hardship that has caused the difficulty in paying, with proof of income or pending income.

**Compassionate Hands** – Yukon only  
 405-354-9591 / 119 S 6th St, Yukon

### #7 MEDICAL

**Sooner Ride** – Non-emergency Medicaid appointment transportation  
 Call 3 days in advance 877-404-4500

**Tulakes Clinic**  
 405-301.7710 / variable M-Th  
 7301 Comanche Ave, Warr Acres

**Variety Care Family Medical/Dental**  
 (405) 632-6688 / 5320 N Portland Ave  
 13 Metro locations. Affordable healthcare, insurance/Medicare/Medicaid, assistance signing up for Medicare/Medicaid.

**Community Health Centers**  
 5 Metro locations  
 www.communityhealthok.org  
**Healing Hands – homeless clinic**  
 405-272-0476 / 411 NW 11th

**Crossings Community Clinic**  
 Medical, dental, vision  
 405-749-0800 / 10255 N Pennsylvania  
 Serves 18-64 year olds with no medical insurance, with proof of income

**NSO WIC Clinic**  
 405-942-2008 / 3530 N MacArthur Blvd  
 Income-based. Provides nutritional education, supplemental foods, and assistance to pregnant mothers or children.

**NSO Dental Clinic**  
 405-236-0413 / 431 SW 11th St  
 Low-cost, no restrictions to qualify for services, cash-only.

### #8 MENTAL HEALTH *Call 911, ask for CRT team, or call or text Crisis Line 988*

**(MHA) Mental Health Association**  
 Community Response 405-252-0218  
 M-F 8:30am-8pm  
 Mental Health and housing support

**Hope Community Services**  
 405-634-4400 / 6100 S Walker

**NorthCare** – 405-858-2700  
 Crisis phone lines open 24/7  
 2617 General Pershing Blvd

**OK County Crisis Intervention Center**  
 405-945-6215 / 2625 Gen Pershing Blvd

### #9 EMPLOYMENT

**AARP – Seniors 55+**  
 Paid on-the-job training  
 405-879-3899 / 5300 N Meridian, Ste 8

**African American Urban League**  
 405-424-5243 / 3900 N MLK  
 Education, family, housing, workforce, social and economic development

**TEEM – poverty/justice/veterans**  
 405-235-5671 / 1501 N Classen  
 M-F 8am-5pm

**Diversion Hub – Justice Involvement**  
 405-594-8843 / 220 NW 10th  
 M-F 8am-12pm first come, first serve

**Center for Employment Opportunities (CEO)** Prison reentry skills, training, jobs  
 405-588-8200 / 501 N Walker, Ste 8

**Goodwill Industries Job Connection**  
 Skills, training, application, placement  
 405-278-7152 / 316 S Blackwelder



## # 9 EMPLOYMENT *continued*

**Force Personnel –**  
Day labor/temp/transportation  
405-605-7808 / 116 S Walker

**People Ready –** Flexible temp jobs  
405-524-1388 / 145 NE 23rd

**Work Ready Oklahoma –**  
Training for long term employment  
405-418-3919 / 3 E Main

## #10 SHELTERS – DAY

*\*best place for homeless to start:*

**Homeless Alliance** 6:30am-4pm  
405-415-8410 / 1724 NW 4th  
Showers, meals, mail, pets welcome,  
access to other services.

**Lottie House**  
405-600-3074 / 1311 N Lottie  
Call for daily hours

**Joe's Addiction Coffee Shop**  
405-768-5161 / 1725 SE 59th  
Call for hours, closed Mon & Thurs

**Sanctuary Women's Center**  
405-526-2321 / 2133 SW 11th / M-F  
Homeless / at risk of homelessness

## #10 SHELTERS – NIGHT

**City Care Night Shelter**  
405-724-8439 / 532 N Villa  
Families check in 4:30pm / Individuals  
check in 6pm / Call to reserve / Pets  
welcome

**Homeless Alliance Winter Shelter**  
Nov. 1 - March 31 only. 4pm-7am  
405-415-8410 / 1724 NW 4th  
Pets welcome

## #10 SHELTERS – RESIDENTIAL PROGRAMS

*\*\*Emergency shelters in winter only*

**City Rescue Mission\*\* – Men, Women,  
Families** call 24/7  
405-232-2709 / 800 W California

**Salvation Army\*\* – Men, Women,  
Families** ID required  
405-246-1100 or 405-246-1133  
1001 N Pennsylvania

**Grace Rescue Mission\*\* – Men only**  
405-232-5756 / 2205 Exchange Ave

**Jesus House Recovery Program\*\***  
405-232-7164 / 1335 W Sheridan

**Hope House – Homeless families**  
405-254-5251 / 13919 N. May  
info@hopehouseokc.org

**NSO Housing** www.nsookc.org  
405-236-0452 / 431 SW 11th St  
M- F 8:30am-5pm  
- Homeless mothers and children  
- Homeless men, ages 18-23  
- Homeless with mental illness  
Info or application: fill out *Request for  
Housing Program Information* online.

## FOOD PANTRIES & MORE NW OKC

**50th Street Church of Christ**  
405-789-8843 / 6035 NW 50th

**Bethel Community Center**  
405-286-3700 / 13003 N Western  
Food, clothing, ID, income proof, food  
stamps, disability accepted, camps for  
kids, Aug school supplies

**Britvil Community Food Pantry**  
405-842-1275 / 8717 N Western  
ID required; zips 73105, 73114, 73120,  
73131

**Church of the Savior**  
405-816-7854 / 5600 NW 63rd  
24-7 food pantry on right side of entrance

**Church on the Rock**  
405-463-4900 / 1780 W Memorial Rd  
Must register, have proof of residency

**First Baptist Church – Bethany**  
405-789-3312 / 3800 N Mueller Ave  
M and W 9:30-11:30am

**OKC First Church**  
405-843-9588 / 4400 NW Expressway  
Fri 1-2pm food pantry at Cole Center

**Mercy Food Pantry**  
405-404-1132 / 3840 N St Clair Ave

**Messiah Lutheran**  
24/7 outdoor food pantry  
3600 NW Expressway

**Putnam City UMC**  
405-491-1304 / 5819 NW 41st  
ID required, serves zips 73112, 73120,  
73122, 73162, 73008, 73132

**Second Chances Thrift Store**  
405-470-6530 / 2605 N MacArthur  
Food, clothes, resource connections

**ROC – Reaching Our City**  
405-440-9994 / 7710 NW 10th St  
Food pantry: Bring proof of address and  
verification of each person receiving food  
Clothing vouchers 1500 N Rockwell

**Trinity Baptist Church**  
405-528-6327 / 1329 NW 23rd St

**Tulakes Food Pantry**  
405-889-1007 / 7202 A Lyrewood Lane

**Urban Mission**  
405-946-1556 / 3737 N Portland

## FOOD PANTRIES & MORE MIDTOWN

**Church of the Open Arms**  
405-525-9555 / 3131 N Pennsylvania  
Blessing Box, food box, showers

**Cross and Crown Ministry**  
405-232-7696 / 1008 N McKinley Ave  
Provides baby items, legal clinic

## FOOD PANTRIES & MORE DOWNTOWN

**Jesus House**  
405-232-7164 / 1335 W Sheridan  
Daily Food Line 4-5pm  
Drive thru Food Basket Wed 8am

**Miracle Revival Food Bank**  
405-236-8822 / 901 NW 6th St

**Skyline Food Resource Center**  
405-632-2644 / 500 SE 15th  
www.okcskyline.org  
Photo ID, check website for hours

**Pet Food Pantry of OKC**  
405-664-2858 / Call & leave message

**Can't find what you need?  
HEARTLINE COMMUNITY  
RESOURCE LINE  
call or text 211**

